



MAY NEWSLETTER



RESUMING IN-PERSON SERVICES

We are working diligently on a plan to resume in-person services on June 7 and will be following the most strict guidelines issued by CDC, RCEB, and FUSD. Prior to opening, all staff and students will be trained in the following areas:

- Screening and Mitigation processes
- Cleaning and Disinfecting
- Washing hands and using hand sanitizer
- Wearing masks and Social distancing
- Transportation

We understand that staff, students, families, and caregivers may have concerns, so we will be providing support to help understand and cope with the stress and all the changes in our program. A presentation will be available for parents/ caretakers to assist in answering any questions.

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Originally known as **Decoration Day**, it originated in the years following the Civil War and became an official federal holiday in 1971.



AIR PURIFIER DONATION

A big thank you to Amari's parents, Nicole and Larry, who graciously donated six air purifiers for our classrooms to help us remain healthy and safe as we resume our in person services.

You're the best!
THANK YOU!

BIRTHDAY CELEBRATIONS

Happy Birthday to our bright stars:

Jon P, Monica M, Jeff S,
Michelle N, Anthony M, Jesus D.



CLASS OF THE MONTH: SPEECH and LANGUAGE

Recently we started a new class for our English language learners as well as a few students working on their speech and enunciation. This class is held in a small group format where students work on improving their communication skills. We are currently using the "Learning Chocolate" speech program which can be found on the AWD Student Portal for any students to access at home and practice their language skills. Feel free to check it out.

<https://www.learningchocolate.com/>

STUDENTS OF THE MONTH

We are proud of all of our students but we like to recognize those who go above and beyond in their participation in our program by awarding them "Student of the Month". A few criteria include Zoom participation, willingness to share, outstanding work ethic, and kindness. Congratulations!

Kartika R



Aaron J



TIPS FOR HANDLING STRESS

For many of us, COVID-19 has disrupted our routines and made everyday activities challenging. These changes, on top of the general uncertainty around this pandemic, can create feelings of stress, fear and nervousness. These feelings are normal. Here are some tips on how to handle the stress:

- Exercise regularly
- Maintain a healthy diet
- Take a break
- Connect with others
- Get sleep and rest
- Breathing exercises

MARK YOUR CALENDARS

Mother's Day	May 9	Sunday
Memorial Day	May 31	No class
Summer Classes	June 7– July 30	