



Do you need help managing your money or accessing public programs because of COVID-19?

The City of Fremont, in partnership with the International Rescue Committee in Oakland, is providing phone-based Financial Navigation services at no cost to all **Alameda County residents** through a new **Financial Navigator Program**.

Financial Navigators are now available to help you manage financial issues, identify immediate action steps, and make referrals to other programs and services.

Sign Up for the FREE Financial Navigator Program

- 1 Visit <https://finnav.org/alameda> or call the Fremont Family Resource Center 510.574.2000
- 2 Register for a call by providing your name, zip code, language preference, phone number and/or email address.
- 3 A Financial Navigator will call you within 48 hours to begin your free session. A session lasts approximately 30 minutes.

What Happens During Your Free Session?

A Financial Navigator will ask you a series of questions about your concerns. Some examples of financial topics could include:

- Prioritizing payments for expenses, like housing, food, and insurance.
- Maximizing income through accessing emergency cash assistance, emergency loans, unemployment or short-term disability.
- Managing debt and guiding negotiations with creditor.
- Avoiding predatory scams.

Together you will prioritize concerns, expenses, and identify next steps.

Please note – Financial Navigators do not provide financial assistance like cash or loans.

